

Rural Opioid Misuse

Northern West Virginia Rural Health Education Center

Rural Immersion

March 19-20, 2021
April 17, 2021 (optional)

Online Immersion Activities-On your own time

Complete each activity below

- ☐ Read this book, "[American Pain: How a Young Felon and his Ring of Doctors Unleashed America's Deadliest Drug Epidemic.](#)" by John Temple. It's available on audible.com and if you are a new member, the first 30 days are free. Otherwise, email your mailing address to Amanda at Amanda.white@nwvrhec.org and she will purchase it and have it shipped to you.
- ☐ Review this curriculum presentation: https://www.sophe.org/wp-content/uploads/2018/07/POPPED-Curriculum_FINAL.pdf
- ☐ Review the West Virginia information on this website, <https://www.drugabuse.gov/drug-topics/opioids/opioid-summaries-by-state>
- ☐ Complete this online exercise <http://playspent.org/>
- ☐ Review this website, Opportunity House, Inc. <http://opphousewv.org/>

Review at least 1 additional item from each category below (article/video)

Article

- ☐ Hampton, C., Buckley, J., Auld, M. E., Drewiske, K. (2019). A nation in crisis: A health education approach to preventing opioid addiction. (Policy brief). Washington, DC. <https://www.sophe.org/wp-content/uploads/2019/03/Policy-Brief-Heealth-education-and-opioids.pdf>
- ☐ Dowell D, Haegerich TM, Chou R. CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016. MMWR Recomm Rep 2016;65(No. RR-1):1–49. DOI: <http://dx.doi.org/10.15585/mmwr.rr6501e1>
- ☐ Life Reclamation, WVU magazine article about deep brain stimulation to treat addiction

Video/Documentary

- ☐ The Oxycontin Express Documentary on Youtube
- ☐ Netflix movie Heroin(e)
- ☐ Netflix movie Recovery Boys
- ☐ Oxyana documentary on Youtube



Day 1 Friday March 19

Time	Topic/Activity	Link to view	Speakers
9:30 am	Welcome and Introductions	Same link for all meetings See page 3	Amanda White, MPH, CHES Executive Director (NWRHEC)
10:00 am	Opioid use paraphernalia presentation	Same link for all meetings See page 3	J.D. Jenkins Mountain Lakes Drug & Violent Crime Unit Assistant Commander
11:00 am	Break		
11:15 am	Children in foster care and the opioid crisis	Same link for all meetings See page 3	Brittany Sponaugle, MSW, LGSW KVC West Virginia
12:15 am	Break		
1:30 pm	A Pharmacist's perspective	Same link for all meetings See page 3	Sarah Miller, PharmD
3:00 pm	John Temple author of " <u>American Pain: How a Young Felon and his Ring of Doctors Unleashed America's Deadliest Drug Epidemic.</u> "	Same link for all meetings See page 3	John Temple, MFA, WVU College of Media

Day 2 Saturday March 20

Time	Topic/Activity	Link to view	Speakers
12:00 pm	Discussion with Recovery Community	Same link for all meetings See page 3	Matthew Kerner, Executive Director The Opportunity House
2:30 pm	Debrief	Same link for all meetings See page 3	Treah Haggerty, MD, Director of the Rural Scholars Program

Day 3 Saturday April 17 (Optional)

Time	Topic/Activity	Location
5:30 pm	Dinner	The Recovery Center Buckhannon, WV
7:00 pm	Attend Narcotics Anonymous Meeting (optional)	The Recovery Center
	Overnight lodging provided at Stonewall Resort	Stonewall Resort Roanoke WV

Additional Optional Reading Resources

- ☐ [Dopesick](#) by Beth Macy
- ☐ [High Achiever: The Incredible True Story of One Addict's Double Life](#) by Tiffany Jenkins
- ☐ [IF YOU LOVE ME: A Mother's Journey Through Her Daughter's Opioid Addiction](#) by Maureen Cavanagh

Join Zoom Meeting

<https://us02web.zoom.us/j/5499878766?pwd=QzFqUGFYSDI1SIF3S2cvR3g5ZF6QT09>

Meeting ID: 549 987 8766

Passcode: 6465

One tap mobile

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+1 312 626 6799 US (Chicago)

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+1 669 900 6833 US (San Jose)

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Passcode: 6465

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