

Rural Opioid Misuse

Northern West Virginia Rural Health Education Center

Rural Immersion

March 25-26, 2022

Pre-Immersion Activities-On your own time

Complete each of the 5 activities below prior to March 25

1. Read this book, "American Pain: How a Young Felon and his Ring of Doctors Unleashed America's Deadliest Drug Epidemic." by John Temple. It's available on audible.com and if you are a new member, the first 30 days are free. Otherwise, email your mailing address to Amanda at Amanda.fisher@nwvrhec.org and she will purchase it and have it shipped to you.
2. View Childhood ACES Ted Talk by Nadine Burke Harris, <https://youtu.be/95ovlJ3dsNk>
3. Introduction: Cabin Creek Health's Medicated Assisted Treatment Program, <https://www.youtube.com/watch?v=1u9fN5znIV8>
4. Complete this online exercise <http://playspent.org/>
5. Read this article: Hampton, C., Buckley, J., Auld, M. E., Drewiske, K. (2019). A nation in crisis: A health education approach to preventing opioid addiction. (Policy brief). Washington, DC. <https://www.sophe.org/wp-content/uploads/2019/03/Policy-Brief-Heealth-education-and-opioids.pdf>

Optional video resources

- ☐ The Oxycontin Express Documentary on Youtube
- ☐ Netflix movie Heroin(e)
- ☐ Netflix movie Recovery Boys
- ☐ Oxyana documentary on Youtube
- ☐ Dopesick TV Miniseries on Hulu
- ☐ The Opioid Epidemic in Kermit, WV on YouTube

Additional Optional Resources

- ☐ Blog post, <https://www.thisappalachialife.com/single-post/2017/05/10/My-Mother-Wasnt-Trash>
- ☐ Opportunity House, Inc. <http://opphousewv.org/>
- ☐ Dowell D, Haegerich TM, Chou R. CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016. MMWR Recomm Rep 2016;65(No. RR-1):1–49. DOI: <http://dx.doi.org/10.15585/mmwr.rr6501e1>
- ☐ Life Reclamation, WVU magazine article about deep brain stimulation to treat addiction
- ☐ The Deepest Well by Nadine Burke Harris
- ☐ The Opioid Fix: America's Addiction Crisis and the Solution They Don't Want You to Have by Barbara Andracka-Christou
- ☐ Dopesick by Beth Macy



- The Opioid Fix: America's Addiction Crisis and the Solution They Don't Want You to Have by Barbara Andraka-Christou
- High Achiever: The Incredible True Story of One Addict's Double Life by Tiffany Jenkins
- IF YOU LOVE ME: A Mother's Journey Through Her Daughter's Opioid Addiction by Maureen Cavanagh
- The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth by Sam Quinones

Day 1 Friday March 25

Time	Topic/Activity	Location	Speakers
9:30 am	<u>Mon Health Recovery Care Program</u>	Mon Health Stonewall Jackson Memorial Hospital (trailer in parking lot) 230 Hospital Plaza Weston WV 26452	Bruce Gorby, DO, FASAM
11:00 am	Break (relocate to The Coffeehouse for afternoon sessions)		
11:30 am	Children in foster care and the opioid crisis	<u>The Coffeehouse</u> 402 Main Ave Weston WV 26452	Brittany Sponaugle, MSW, LGSW KVC West Virginia
12:30 pm	Lunch	The Coffeehouse Lunch provided by <u>South Texas Barbecue Company</u>	
12:30 pm	Lunch presentation: A Pharmacist's perspective	The Coffeehouse	Sarah Miller, PharmD
2:00 pm	Opioid use paraphernalia	The Coffeehouse	Mountain Lakes Drug & Violent Crime Unit
3:00 pm	Coffee Break	The Coffeehouse	
3:15 pm	John Temple author of " <u>American Pain: How a Young Felon and his Ring of Doctors Unleashed America's Deadliest Drug Epidemic.</u> "	The Coffeehouse	John Temple, MFA, WVU College of Media
5:00 pm	Check-in	<u>Stonewall Resort</u> 940 Resort Dr Roanoke WV 26447	
5:30 pm	Dinner	<u>Stonewall Resort</u> Stillwaters Restaurant	

Day 2 Saturday March 26

Time	Topic/Activity	Location	Speakers
8:15 am	Breakfast	Stillwaters Restaurant	
10:00 am	Discussion with Recovery Community	<u>The Recovery Center</u> 47 Cleveland Ave Buckhannon, WV	Matthew Kerner, Executive Director The Opportunity House
12:30 pm	Lunch and Debrief	TBD	Amanda White, MPH, CHES Executive Director (NWVRHEC)
2:00 pm	Adjourn		
6:00 pm	Dinner	Provided at Stillwaters Restaurant for those staying overnight	
	Overnight lodging provided at Stonewall Resort (Optional)		

Day 3 Sunday March 27

Time	Topic/Activity	Location	Speakers
8:30 am	Breakfast	Provided at Stillwaters Restaurant for those staying overnight	